



RELAX & SLEEP

	TRYPTOPHAN + MELATONIN + VIT B2	MELATONIN + VIT B2	HERBAL SLEEP	HERBAL RELAX
ACTIVE NUTRACEUTICAL INGREDIENT (dose unit)	Tryptophan	Tryptophan	<i>Valeriana officinalis</i>	Poppy
	Melatonin	Vit B2	Poppy	<i>Passiflora incarnata</i> , dry extract
	Vit B2		Chamomile	<i>Valeriana officinalis</i> , dry extract
			<i>Humulus lupulus</i> , dry extract	Magnesium
			<i>Passiflora incarnata</i>	
			Melatonin	
			Magnesium	
		Calcium		
INTENDED USE	Jet lag relief	Regulate sleep	Regulate sleep Improve sleep quality	Reduce stress and anxiety
TARGET	Adults Seniors	Adults Seniors	Adults Seniors	Teenagers Adults Seniors
DOSAGE FORM	Capsules (1 capsule / day)	Capsules (1 capsule / day)	Coated tablets (1 tablet / day)	Capsules (1 capsule / day)
PACK SIZE	PE Bottle (30 capsules)	PE Bottle (30 capsules)	Box (30 tablets)	Box (30 capsules)